SHE SERVED
MAGAZINE
Celebrating Women Veterans



20 MILITARY WOMEN VETERANS SHARE THEIR STORIES

Inside Issue 6:

LYNN'S JOURNEY

HOPE4VETERANS - A BEACON OF HOPE

MILITARY WOMEN
Hope 4 Veterans
STRONG



VA Resources for Women

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988 (press 1)

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CONTENTS

5
Letter from the Editor

6
Veteran Amanda Crowe

8
Veteran AnChantra Davis

10
Veteran Catasha Jones

12
Veteran Deanna Love

14
FEATURE ARTICLE
Lynn's Journey: A beacon of home and empowerment for women written by Lynn Geiser and Regina La Valley

16
Veteran Diana Jordan-Baldwin

18
Veteran Jessica Hudson

20
Veteran Kristle Helmuth

22
Veteran Kimberley Mullins

24
Veteran La'Tisha Morgan-Jones

26
FEATURE ARTICLE
Hope4Veterans: A beacon of hope for women written by Lynn Geiser and Regina La Valley

28
Veteran LaToya Calhoun

30
Veteran Mary Bates

32
Veteran Patricia Patten

34
Veteran Rebeka Bell

36
Veteran Sherry Denney

38
Veteran Stephanie Bowie

40
Veteran Tanya Bailey

42
Veteran Tanya Lea

44
Veteran Tonya Cook

46
RECOMMENDED READING

50
BEHIND THE SCENES PHOTO COLLAGE

51
Veteran Women Business Directory

52
Donate: How to Support She Served

NEW + IMPROVED!



Did you know we have a new website! Same URL but a refreshed look with new features! You can see the She Served image galleries, buy print copies of the magazine (past and current) and purchase merchandise from the online store including tank tops, travel mugs and water bottles. **Check it out https://sheservedinitiative.org/**

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HOST A VETERAN PHOTO SHOOT

To host a **She Served** event visit the website: www.sheservedinitiative.org.



General criteria: The space needs to be indoors, and approximately 20x20' in size, with at least an 8' ceiling height (preferably 10') with electrical outlets.

Photoshoot Details: Photoshoots are reserved for female Veterans only. Each Veteran will get a 30-minute professional photoshoot. They can bring props or mementos to be used during the session.

As the host you should be aware that each Veteran that wants to participate will need to fill out an intake form of basic information, provide a short biography of their military career and post military life, and provide a clear photo of themselves in uniform (their official service photo is best, but other photos of them in uniform are acceptable if it is clear and in focus so that their face is recognizable). I can comfortably accommodate approximately 10 women a day if the timeslots are scheduled in advance.

Expenses: I do not charge the Veteran or the host a photoshoot fee. However, as you can imagine I do have expenses. I ask the host to provide suitable lodging, air fare and/or reimbursement for gas, and my meals during the photoshoot. Visit **https://sheservedinitiative.org/host-she-served** for all the details then contact us to be a host!

LETTER FROM THE EDITOR



Our latest venture led us to St. Augustine, Florida, where we were graciously hosted by the non-profit organization, "Hope4Veterans." This non-profit organization is dedicated to providing support programs and resources specifically tailored for military women. Its founder is Lynn Geiser, whose personal journey through the military and beyond served as the catalyst for the creation of Hope4Veterans.

In the military, and even after transitioning out, challenges are inevitable for many of us Veterans. Yet, it is the spirit of resilience and commitment to self-improvement that distinguishes women veterans in particular. It is this very spirit that unites us, whether through the bonds of sisterhood or the support offered by organizations like Hope4Veterans.

During our time in St. Augustine, we had the privilege of meeting 20 extraordinary women Veterans, each with her own compelling story to tell — a diverse group that reflected the complex nature of women's military experiences. From devoted mothers to proud grandmothers, from dedicated career women to ambitious entrepreneurs, the range of backgrounds and achievements was widespread - each a testament to the strength, resilience, and boundless potential that defines us.

Through the lens of our photographs, we hope to expose the variety of faces of Veterans, dispelling stereotypes and showcasing the diversity within our ranks. We hope that by sharing these images, the public will come to recognize that this, too, is what a military veteran looks like.

We invite you to delve into the narratives of these courageous women, whose stories are chronicled in the following articles. Their resilience and unwavering dedication to making a difference in the world serve as a beacon of hope and inspiration to us all.

Our heartfelt THANK YOU goes out to Lynn for her incredible hospitality. It's virtually impossible to go hungry with Lynn as the hostess. You spoiled us!! We are also forever thankful for your generation donation to the She Served Initiative.

Martina Schmidt



HELP US LOCATE AND PAY HOMMAGE TO MORE WOMEN VETERANS

We invite you to join us in honoring and paying tribute to the invaluable service of women veterans from World War II, the Korean War and Vietnam. Your support is crucial in recognizing their dedication and contributions to our nation's history. Together, let's express our gratitude for their sacrifices and celebrate their remarkable service.

If you, or someone you know, would like to be featured please email martina@sheservedinitiative.org

Amanda

BY SHERYL BINETTI

Amanda Crowe has been in the Florida Army National Guard since 2007 and now works as a human resources non-commissioned officer (NCO). Working at many levels of command, her tasks varied from personnel to medical readiness. She is also a Suicide Intervention Officer and Assistant Resiliency NCO. She has served on the joint directorate of military support operations teams during several hurricanes. Her most significant takeaway is the sense of family that the military provides. No matter where a person grew up or what branch they serve in, there is a certain bond that all who served share.

As a single parent, Amanda is raising an exceptional teenager. He is a conscientious 14-year-old who brings home exceptional grades, plays sports and works hard. She is grateful for her family and friends who have made themselves available whenever she needed them.

Similar to her military duties, Amanda now works in the civilian sector as a human resource manager. She manages the book-keeping, payroll and human resources for a construction company.

Amanda volunteers yearly for the Florida Guard Family Program, Soldier Readiness Preparation events, and Operation Santa Cause. She is a member of Hope4Veterans and is proud to help the National Veterans Homeless Support located in Brevard County, Florida, ensuring that veterans have warm meals Thanksgiving morning. Amanda is very passionate about spending time with her family as well as giving back to her community. As for hobbies, she can be found in the water or hunting in the woods depending on the season and often with family.

In an effort to educate the general public, Amanda declares that while each woman Veteran is unique, each shares the trait of being a hardworking survivor. Women in the military have learned to thrive in the service and for many as mothers. It's not an easy balancing act but the rewards make it all worth it.

For her sisters who served, "Don't let the initial adjustment period discourage you. All you need is one company to hire you in order to get your foot in the door. Stay in contact with other Soldiers in your area to continue that sense of family/camaraderie. Always be proud of your service and the sacrifices you have made over the years. Never forget how far you have come and accomplished in a man's world," advises Amanda.





WORDS TO LIVE BY:
"A life spent making mistakes is not only more honorable, but more useful than a life spent doing nothing."

~ George Bernard Shaw





AnChantra

BY SHERYL BINETTI

AnChantra Davis served in the United States Army as an automated logistics specialist. She was stationed in Virginia, Germany, and Texas on an aviation/infantry battalion. Her experiences in the military were transformative, instilling independence, valuable skills, and lifelong friendships. She considers joining the military to be one of the best decisions of her life.

Be Enchanting Gifts is a business that AnChantra established as the gifting destination for all occasions or events. Her dedication to providing exceptional experiences has earned her a loyal customer base that trusts her to deliver gifts and gift baskets that create lasting memories. AnChantra is also a proud mother of two adult sons, Alonzo and Ralph.

Always looking for ways to support others, AnChantra volunteers with Hope 4 Veterans and The Girlfriends Brand. Both non-profits support and empower women and women veterans'. AnChantra is passionate about her family and being at peace.

Anchantra is driven to spread positivity by celebrating and encouraging others. Being intentional in her actions, AnChantra discovered that her time and energy are spent more meaningfully. She also found that by infusing fun into various aspects of life, even mundane tasks can be enjoyable while contributing to an overall happier, peaceful state of being.

The public, AnChantra entreats, must recognize the extraordinary contributions and sacrifices of women Veterans. Women veterans are not merely service members. They are courageous, determined and unique heroines. Each has put her life on the line for her country deserving your utmost respect and gratitude.

Anchantra offers her fellow women Veterans the following advice: “Get connected, there are several programs designed especially to support women Veterans. Find the program that meets your needs and get involved.





Catasha

BY SHERYL BINETTI

Catasha Jones joined the United States Navy in 2001 and is scheduled to retire in June 2024. Her career as a Yeoman has consisted of various jobs depending on her duty station. She has been responsible for overseeing sailors in the execution of administrative, manpower and payroll support for active duty and reserve personnel. Thus far, she has supported the Global War on Terror and Operation Enduring Freedom.

Commitment, leadership, discipline, teamwork, resilience, a strong work ethic, lifelong friendships and exposure to diverse cultures have created Catashas' most significant take away from her time in service. Additionally, Sailors advancing under her leadership were always proud moments for her.

Catasha has been married for 12 years. She and her husband have two dogs and are eagerly anticipating her retirement this June.

Placing flags and wreaths at the National Cemetery is a meaningful way that Catasha has volunteered her time honoring Veterans.

In regards to her passion and hobbies, Catasha is driven to advocate for fairness and justice. Whether for people, pets, or wildlife, standing up for what's right is always a priority for her. She enjoys bike riding, playing tennis, reading and volunteering when time allows.

Catash believes it's important for the public to be aware that women service members are a significant and growing presence in the armed forces. The public should also consider the unique challenges, experiences and sacrifices women make in order to serve.

Currently, Catasha is excited and nervous about her upcoming retirement and transition to civilian life. While she plans to seek out and take advantage of all the programs available for Veterans, she is still welcoming all the advice she can get. She is aware and wants to make sure her fellow sisters serving are aware that there are programs specifically offered to female Veterans.







WORDS TO LIVE BY:

"Have I not commanded thee? Be strong and of good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest."

~ Joshua 1:9 KJV


WE THE PEOPLE
HUNTERS

Deanna

BY BILL BEAN

Deanna Love served in the United States Navy for eight years from November 2002 to November 2010. She began her career as an airman apprentice on the USS George Washington out of Norfolk, Virginia. She later became an aviation store keeper based out of Kane'ohe Bay, Hawaii, where she was deployed to both Iraq and Qatar in support of Operation Iraqi Freedom. Her last command was at a construction battalion mobile unit out of Pearl Harbor, Hawaii, where she was in charge of outfitting the command personnel, ordering parts for mission essential vehicles, and assisting with overall command budgeting.

Deanna sees her time in the military as teaching her the importance of adaptability. As a single mom for five of her eight years in the Navy, she remembers receiving no special treatment, which taught her to be resourceful and ask for help when needed. Deanna says, "I had to mature quickly, both professionally and personally." She believes her military service humbled her and gave her a down-to-earth perspective, instilling in her a sense of "true grit."

Post-military, Deanna is pursuing a gunsmith program at the Sonoran Desert Institute in Arizona, where she's delving into the intricacies of firearms history, maintenance, and craftsmanship. Her family includes three children, ages 20, 14, and 12.

Outside of her professional pursuits, Deanna is involved in community support and volunteer work, particularly focused on aiding Veterans and their families. She dedicates her time to teaching various water sports and participates in adaptive sports programs with organizations like St. John's Parks and Recs, and the Warrior Advocacy Leadership Team with Wounded Warrior Project.

Deanna's personal passions extend to activities such as fishing, archery, and cycling, reflecting her love for outdoor adventure and the ocean.

Experiencing a period of homelessness as a Veteran prompted her to seek assistance from vital support networks like Hope4Veterans, the Wounded Warrior Project and Operation Barnabas. Through this journey, she embraced the courage to recognize the importance of seeking help and allowing herself to accept it. Deanna emphasizes the importance of support programs for healing from experiences like post-traumatic stress disorder and military sexual trauma. She advocates for greater recognition of the challenges faced by women Veterans and encourages others to find solace in the healing powers of salt water, whether through sweat, tears, or the sea.





Lynn's Journey

BY LYNN GEISER AND
REGINA LA VALLEY



FINDING PURPOSE THROUGH ADVERSITY: A beacon of hope and empowerment for women

In a world where finding purpose can be a journey of twists and turns, Lynn's story stands out as a testament to resilience, determination, and the power of turning personal struggles into a force for good. From serving in the Active Duty Army to battling the complexities of the Veteran's Administration (VA) system, Lynn's path led her to create Hope4Veterans, a nonprofit organization dedicated to supporting military women and their families.

Lynn's journey to finding her purpose was anything but straightforward. It took her over 15 years of navigating various roles, including serving in the military, obtaining a Master's degree in Marriage and Family Therapy, and volunteering for homeless shelters. However, it was her own experiences within the military, coupled with her subsequent struggles with the VA system, that ignited her passion to create meaningful change.

As Lynn recounts, her military career was marked by both dedication and hardship. She served in various capacities, including the National Guard and Active Duty at Fort Benning, dedicating herself to supporting Ranger Battalion and officer training schools. However, her career took a devastating turn when she was sexually assaulted by her Platoon Sergeant, leading to medical and physical deterioration that ultimately ended her military career.

Despite facing adversity, Lynn refused to be defeated. She spent years battling the VA for recognition of her medical conditions, enduring hardships and financial instability along the way. As she faced the challenges of her medical conditions, she learned about the opportunity to have a service dog, Ranger, to assist her in navigating everyday life. Eventually, Ranger retired, and now Miracle, a Great Dane in training, stands by her side to support her in her day-to-day activities. She didn't allow her personal struggles — her disability — to hinder her from discovering her purpose and providing support and resources for military women facing similar challenges.

" Giving HOPE to military women, gives HOPE to military families."

~ LYNN GEISER

As Lynn reflects on her journey through the creation of Hope4Veterans, her story emerges as a beacon of resilience and compassion, highlighting how purpose can blossom from the darkest moments. She highlights that her mission transcends personal achievements, aiming to forge a lasting legacy of support and empowerment for military women and their families. By



transforming her own adversities into a force for positive change, Lynn is not merely offering essential resources; she is nurturing a vibrant community poised to flourish in the face of challenges. As Hope4Veterans broadens its horizons, Lynn's dedication to healing and empowerment casts a long shadow, inspiring future generations to tread a path lit by her enduring spirit of resilience.

Hope4Veterans epitomizes Lynn's personal journey — a beacon of hope for those navigating the intricate terrain of military life and the aftermath of service-related trauma. Through programs like the Peer2Peer Therapeutic Art Program, the organization provides a safe space for military women to heal, connect, and rediscover their voices. By leveraging the power of art, poetry, and storytelling, Lynn empowers others to reclaim their narratives and find strength in community.

The impact of Hope4Veterans extends beyond individual healing; it addresses the systemic issues that contribute to the isolation and high suicide rates among military women. Recognizing the importance of peer support and sisterhood, Lynn has created a network where individuals can find solidarity and resilience in each other.

Diana

BY SHERYL BINETTI

Diana Jordan-Baldwin served in the United States Army from 1992 - 2012 as a logistics officer. She was the accountable officer for a multiclass warehouse of equipment worth over $300,000,000. Her duties included being responsible for the equipment on base and during deployment. Because of her diligence, the units she deployed returned with every soldier and all equipment. She was awarded the Bronze Star for exceptional, heroic, and meritorious deeds performed in an armed conflict during Operation Iraqi Freedom. Her military experiences taught her that she can be and do anything that she sets her mind to.

Sergeant First Class Christopher Burks, Diana's first husband, died in the line of duty 12 years ago. She remarried, and her current husband is staff sergeant (retired) Carlos Baldwin. Diana has a total of eight children. Two of her daughters are currently serving in the Army. One of her sons deployed five times over a 13-year enlistment in the Army and unfortunately suffers from post traumatic stress disorder.

Currently, Diana is employed as a program manager for the Department of Health and Human Services (HHS). She is responsible for ensuring that the government purchase card program complies with HHS regulatory guidelines.

To honor her late husband's life of service on-duty and off, Diana runs the Christopher Burks Scholarship Foundation. With her sorority, Zeta Phi Beta, she supports Clyde E. Lassen State Veterans Nursing Home and the Saint Frances Homeless Shelter in Saint Augustine, Florida. She also serves on her community development committee. With her family, Diana volunteers in the community giving back to underserved children and families.

Diana is passionate about teaching the younger generation how to be confident and want more out of life. Given the correct tools now, these children will be equipped to be excellent future leaders. Her other passion is helping the elderly.

Diana acknowledges that women who serve are courageous but are often not given the credit they deserve! It's up to the general public to do what they can to change this.

For her sisters that may be struggling, Diana pleads for you to hold on to the strength you used to serve your country and to know that you are stronger than you may think. Never forget that you are not alone, we women Veterans are all sisters in arms. Together we rise.







WORDS TO LIVE BY:
"If you don't stand for something, then you will fall for anything"

~ Alexander Hamilton



WORDS TO LIVE BY:
"She is clothed with strength and dignity and she laughs without fear of the future." - Proverbs 31:25

Jessica

BY SHERYL BINETTI

Jessica Hudson served in the United States Navy for 20 years from 1999-2019 as an intelligence specialist. She collected, interpreted, exploited and disseminated geospatial imaging.

During Jessica's 20 year career, she completed two Western Pacific sea duty deployments. In 2011, while in the reserves, she deployed to Kirkuk, Iraq, as an individual augmentee to collect real time information for joint forces. She served in leading chief petty officer positions for multiple reserve commands that supported major combat commands. She supported Operations Enduring Freedom, Iraqi Freedom, and New Dawn. Her time in service left her with the knowledge that discipline is the key to excelling and to being successful. She discovered that you can be motivated to do a lot of things in life, but you won't get anywhere unless you are also disciplined enough to actually do it.

Jessica is happy living with her pug, Rhea. She is a Doctor of Chiropractic and owns a mobile practice that allows her to make house visits. She makes it more convenient for her patients who may be too busy with family and work to take the time to visit a chiropractor's office. She also provides chiropractic care at a perinatal and pediatric practice where she finds it rewarding to adjust mothers, babies and children.

Pug Rescue of Florida and Georgia is close to Jessica's heart and she donates as much as she can. She also regularly donates to local Veteran non-profit groups such as Operation Barnabas and Hope 4 Veterans. Jessica is passionate and honored to provide chiropractic aid in others' healing journeys as well as maintaining her own physical health.

Jessica feels it's important to be aware that for many women Veterans, our desire to serve never stops. Humble and hardworking, we continue to support others, be it our significant others, children, grandchildren or community. Many of us go on to fill roles to better our communities. We women Veterans are a growing population and the need for specific care for women Veterans is critical and necessary.

For her fellow sisters in service, Jessica says, "Give yourself grace, find your new purpose and a good church to be a part of. It is okay to seek help and find someone to talk to. Take some classes and find a new hobby and do the things you always wanted to do but never got the chance!"





Kristle

BY SHERYL BINETTI

Kristle Helmuth served in the United States Army from 2004-2007. Her job was military police (31b) tasked with enforcing military laws and regulations thereby protecting lives and property on Army installations.

The most significant take away from her military service for Kristle was the unique experience of being part of the military community. For her, nothing can take away the bonds she formed in the military community. She has been active duty, military spouse and now a widow. The intensity of often shared experiences with other members created deep connections and the camaraderie's. These relationships are often powerful and irreplaceable.

Kristle met her husband Nate while in the military. He was wounded in 2007 while serving in Iraq and sadly passed away from those injuries in 2018. She is now the sole parent of their two children, some chickens, a pig and two dogs.

Currently, Kristle is an Army Survivor Outreach Coordinator with Survivor Outreach Services (SOS) providing long-term support to surviving families of fallen soldiers. The SOS program connects survivors with services such as grief counseling, financial counseling, benefits coordination, support groups, and surrounding area events. The goal is to reassure survivors that they remain valued members of the army family.

Kristle is involved with Hope4Veterans, United Way of Northeast Florida, and Operation Barnabas. She is also involved with her children's schools, and often volunteers her photography services (https://www.kristlehelmuth.com) for various organizations and events. Serving others is Kristles passion. She is driven to ensure those around her feel connected and know their purpose. Her hobbies include her blog, writing, photography, and the outdoors.

Kristle hopes to educate the public regarding women Veterans. Women Veterans are the fastest-growing Veteran population. Currently, only 44% of women Veterans are enrolled in VA health care, which is 8% lower than male Veterans. Also, these women are far less likely to identify as a Veteran than their male counterparts. Most still have a lot to give and want to continue serving in some capacity.

For her fellow women that served, Kristle reminds you, "This journey is your own, it doesn't have to look like anyone else's. There are plenty of opportunities to explore to stay connected and find your pathway into civilian life. Don't minimize your service no matter how much you think you didn't do, you are a big deal!"





WORDS TO LIVE BY:
“Charlie Mike - continue the mission no matter the difficulties."

~ Unknown



WORDS TO LIVE BY:
"Don't wait for anyone to validate you, create your own opportunities."

~ Kimberley's late father, Emery Williams



Kimberley

BY KIMBERLEY MULLINS

Kimberley Mullins served in the United States Navy from Nov. 28, 1983 to Nov. 30, 2003 as a Hospital Corpsman. She attained the rank of Hospital Corpsman First Class, which she says is equivalent to working as a Licensed Practical Nurse in the civilian sector. During her career, Kimberley provided sexual harassment training, taught others how to drive ambulances, render CPR and first aid. With great pride, she spent her last 10 years as a "doc" for the United States Marine Corps.

Kimberley served during Desert Storm, 9/11, the Persian Gulf War, Operations Enduring Freedom, and Iraqi Freedom.

Kimberley has been married to Greg Mullins for more than 13 years. They have one son, who is currently making the Navy a career, and two grandchildren ages 14 and 6.

For nearly 12 years, Kimberley has worked as a Naval Science Instructor teaching Navy Junior Reserve Officer Training at Gainesville High School in Gainesville, Florida. With her students, she offers community support activities ranging from neighborhood cleanups to helping the U.S. Marines with Toys for Tots, during the holiday season.

Kimberley is a published writer and playwright. She has a few short stories published in various books and literary magazines under her pen name, K.E. Mullins. Her first full-length play, "Single Black Female in the Navy," was selected out of hundreds of submissions and competed among six other plays in the Tampa Bay Play Festival in September 2023.

Kimberley wants the public to be more aware that, "women Veterans are rarely celebrated foot soldiers in the background."

For her fellow sisters who served, Kimberley wants you to know that there will always be someone who has gone through or is going through the same thing you are. Keep your head up and press on.

Her favorite quote is, "Don't wait for anyone to validate you, create your own opportunities" a quote by her late father, Emery Williams.





La'Tisha

BY SHERYL BINETTI

La'Tisha Morgan-Jones has served in the Florida Army National Guard since 2012. She is currently a staff sergeant (E-6) and is an assistant dining facility manager at the 211th Regiment of Camp Blanding Joint Training, Starke, FL. She has held various roles, including, unit supply specialist, automated logistics specialist, culinary non-commissioned officer (NCO), and supply NCO. La'Tisha has provided support for numerous hurricane disasters within Florida.

Currently, on drill weekends, La'Tisha serves as the unit supply specialist. She is responsible for supervising all aspects of unit supplies and equipment. During the week, she is an assistant manager for the dining facility at the Camp Blanding Joint Training Center. There she manages all administrative aspects while still performing supervisory and inspection functions.

Becoming a good leader and mentor is LaTisha's most significant take away from her time in the military. She has a great sense of pride that comes from seeing the soldiers she mentored evolve into great leaders themselves.

La'Tisha has a warm and loving family for whom she would move mountains. Her family consists of her mother, who is her everything, her supportive, Veteran husband, her daughter, and her four sons, three of whom are in the military.

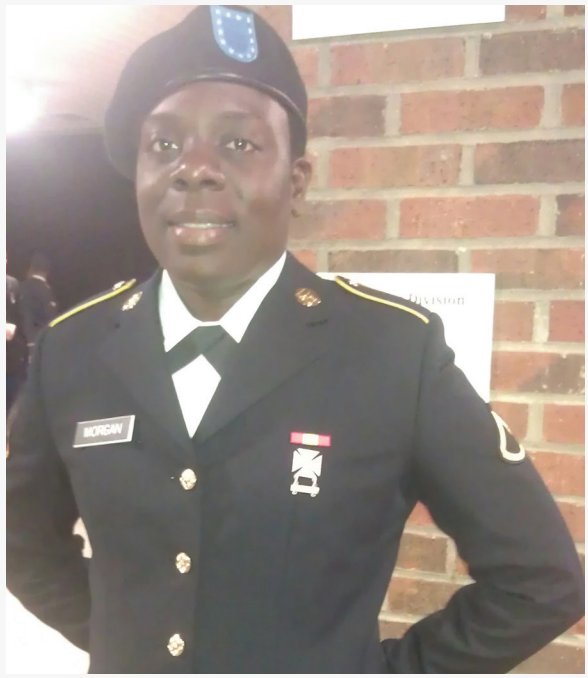
Currently, La'Tisha is a member of UNITY (Understanding the Needs of Teens and Young Adults). They cater to the community by giving back and assisting in any way possible by hosting a number of giveaways such as clothing, shoes, and food baskets.

La'Tisha has a Masters Degree in Healthcare Management and plans to obtain her doctorate. She devotes her free time to being a childbirth educator and labor doula. She is passionate about the practice of natural childbirth and the transformations of pregnancy.

La'Tisha would like for the public to know that, "women Veterans are often not seen but, we exist! We are strong and powerful but have gone through more than you could imagine a person could in uniform."

To her fellow Veterans, La'Tisah implores "You have rightful access to assistance for any type of service. You deserve it! You earned it! Take advantage of it! Your commitment in service is greatly appreciated and respected. Your experiences and journey are yours to reflect, but don't allow them to consume you. We are all here to help. We are sisters in uniform and out of uniform."







WORDS TO LIVE BY:

"I inhale positive energy and exhale any fears. I will not worry about things that are out of my control. I am no longer afraid of what could go wrong. I focus on what is going right. I will calmly think of solutions to any problems that may arise. I can handle anything that comes my way."

~ Author Unknown



A beacon of hope and empowerment for women

WRITTEN BY LYNN GEISER AND REGINA LA VALLEY

In the vibrant tapestry of our community, a singular organization shines as a beacon of hope and empowerment: Hope4Veterans. Since 2018, this nonprofit, founded by veteran Lynn "Tank" Geiser and fueled by the dedication of volunteers, stands in unwavering support of military women.

With a mission deeply rooted in compassion and service, Hope4Veterans provides a spectrum of programs designed to address isolation, homelessness, and the risk of suicide among our female veteran, With a reach extending across Northeast Florida's counties — Clay, Duval, St. Johns, and Flagler — Hope4Veterans offers a hand of friendship and assistance where it's most needed. Hope4Veterans is comprised of veterans, active duty, spouses, and advocates.

Our team at Hope4Veterans understands the unique challenges faced by military women. Guided by firsthand experiences, we strive to create a supportive network that fosters resilience, healing, and growth.

Our initiatives range from social gatherings and financial support to self-care and skill building, all aimed at bridging the gap between military women and essential resources. Through targeted programs like the Peer2Peer Therapeutic Art Group, Laptop Program, Financial Assistance, certified peer specialist training programs, workshops, retreats, and Baby Supplies Program, we empower women to navigate life post-military with dignity and support. The Peer2Peer Art Therapy Program is a unique initiative by Hope4Veterans to help women with military backgrounds who are struggling with mental health challenges. The program focuses on leveraging the therapeutic power of art as a means to foster emotional healing, build resilience, and promote a sense of community among the participants.

The program is designed to offer a safe and supportive environment for participants to express themselves creatively, explore their feelings, and share their experiences with others who understand the unique challenges faced by military-affiliated women. By engaging in guided art-making activities and group discussions, participants can learn new coping skills, reduce stress, and improve their overall well-being. In addition to the therapeutic benefits, the program also provides a platform for our heroines to connect and build relationships with others who share similar experiences.

Our efforts are amplified through corporate sponsorships and fundraising events, such as the annual gala hosted in November and St. Augustine Giving Day hosted in May. Along with our sponsorships and fundraising events, we also develop relationships with community innovators ensuring that we can continue to

provide these critical services. At Hope4Veterans, we believe in the strength and potential of every military woman. By addressing immediate needs and fostering long-term wellbeing, we aim to reduce the barriers these women face, enabling them to lead fulfilling, empowered lives. Our commitment is not just to aid but to honor their service with action, respect, and unwavering support.

Hope4Veterans invites you to be part of this transformative journey. Whether through volunteering, donations, or spreading the word, your support makes a world of difference. Together, we can continue to light the path to hope and empowerment for military women and their families.











Together, let's create a future where every Veteran receives the support and recognition they deserve! Discover more about our programs and how you can help at www.hope4veterans.org.

VETERANS: JOIN THE CONVERSATION!

@Hope4veteransflorida

@hope4veterans



WORDS TO LIVE BY:

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure.

~ Marianne Williamson

LaToya BY SHERYL BINETTI

LaToya Calhoun served in the Florida Army National Guard from 2002 until 2009 as a culinary specialist. In her role, LaToya was responsible for preparing and serving hot meals to soldiers and Department of Defense personnel, particularly during field exercises and state natural disasters. During deployments, she took on the additional responsibility of supervising third-country nationals in meal preparation. LaToya played a crucial role in maintaining food safety standards by overseeing proper sanitation practices and ensuring food temperatures were consistently at the appropriate levels, mitigating the risk of foodborne illnesses.

LaToya proudly supported Operations Iraqi Freedom and Enduring Freedom during her military deployments. Her exemplary service was acknowledged with the receipt of two Army Achievement Medals, two Overseas Service Ribbons and a Global War on Terrorism Expeditionary Medal. While appreciative, LaToya emphasizes that her primary motivation for joining the military was to defend her country, and she is grateful for the opportunity to have served in what she considers the world's finest military.

The most significant takeaway from LaToya's military service was the unifying power of the uniform, resilience, discipline and structure.

Today, LaToya is happily married to her best friend. She currently works as an administrative assistant with the Department of Veterans Affairs and she is also the owner of the Autumn Faith Company, a faith-based apparel shop that sells inspirational shirts.

LaToya is many other things including; transformational speaker, YouTube influencer, domestic violence advocate and certified life coach for at-risk youth. She is also in the middle of writing her first book.

LaToya's passion lies within teaching others how to grow when life gets uncomfortable, so they can become generational curse-breakers. She loves anything involving outreach as well as inspiring others to be their best. As for hobbies, she enjoys traveling, reading, writing poetry and spending time with family and friends.

LaToya wants the public to know that the middle name of most women Veterans is resilience!

For her sister Veterans, LaToya desires that you not let self-doubt nor fear stop you because on the other side of both you will find the liberty you fought so hard for.





Mary

BY SHERYL BINETTI

Mary Bates served in the United States Navy from 2000-2004 as a Yeoman. Initially, she was temporarily assigned to base security. Following that, she worked in the administration office maintaining enlisted personnel's service records and even planned a change of command, receiving a Flag Letter of Commendation for her efforts. She also spent time in the operations department writing flight plans and maintaining flight logbooks.

During her tour of duty, Mary supported Operations Enduring Freedom and Iraqi Freedom. She was meritoriously promoted to third class, received a Good Conduct Medal and the Navy Achievement Medal.
Being part of something larger than herself, making lasting friendships, and experiencing diverse cultures impacted Mary most significantly.

The military community is still a part of Mary's life as her husband is serving in the United States Navy. They share two daughters and two sons and are kept busy with soccer, competitive cheer and flag football. She loves being involved with all of their activities.

Currently, Mary works as a Veteran care coordinator at United Way. She is also obtaining a teaching certificate as a media specialist for elementary education with plans on pursuing a masters degree.

Mary keeps busy with her volunteer work for Hope 4 Veterans and is passionate about working with military Veterans and their families. She also loves teaching yoga to children. You can find her happily reading a good book over a cup of coffee in a quaint bookstore. She lives for her family, traveling, all things sports, and concerts. Lately, she has found enjoyment in seeking new food experiences.

For Mary, it's important that the public creates an environment that helps women Veterans be proud about sharing that they served.

Mary's advice for her fellow sisters facing the move to civilian life is this, "Start early and be prepared to change your mind a million times on what you want to be when you grow up. Be patient with yourself. Most importantly, ask for help. Look to the women Veterans in your community to help you, trust me we love to help!"





WORDS TO LIVE BY:
"Never be afraid to turn the page, there is a whole book ahead!"

~ Omar Cherif



WORDS TO LIVE BY:
"During times of darkness, remember, you are the light."

~ Pat Patten



Patricia

BY BILL BEAN

Patricia Patten served in the United States Navy from 1976 to 1980 as a data processing technician, working with the Honeywell 6000 Computer Systems. Her duties included managing data processing tasks, facilitating communication with ships in the 6th Fleet through live chats, and advancements in digital supply ordering systems for the Navy. She muses that the computers she worked with in the late 70's took up half a floor in their building, and now all of that processing power is available on a typical smartphone.

Patricia met her husband, Bob Patten, during her service; they raised their daughters together before settling in a suburb of Orlando, Florida. After her husband's passing in January 2023, Patricia moved to live with her daughter and two autistic grandchildren, where she dedicates her time to being a super grandma.

In addition to her family responsibilities, Patricia serves as the executive director for Medically Challenged Children, a non-profit organization she founded to support families with special needs children. She is passionate about writing and is currently working on a novel inspired by the story of Deborah Samson, a Revolutionary War soldier who disguised herself as a man to serve in the Continental Army. Samson was the most successful soldier in her unit and was selected to be a Ranger in the Special Forces.

Patricia believes women Veterans bring a unique perspective and skill set to the workforce, serving as a catalyst for positive change. Their military experience fosters resilience, adaptability, and leadership. These qualities are invaluable in professional settings. As the role of women in the military continues to evolve, so does their potential to contribute to the growth and prosperity of our nation, paving the way for advancements that were once unimaginable.

For Pat's fellow Veterans she has this advice, transitioning to civilian life can be challenging for many women Veterans, but establishing healthy self-care routines is essential to navigating this journey successfully. By prioritizing mental and physical well-being through activities such as therapy, exercise, and art, women Veterans can nurture their holistic health and cultivate a positive post-service life. These self-care practices not only promote personal growth and fulfillment but also empower women to embrace the opportunities and possibilities that await them beyond their military service.





Rebeka

BY SHERYL BINETTI

Rebeka Bell served in the United States Army from June 2010 until Aug 2012 as a Patriot Missile operator and maintainer- Air Defense Artillery I. Her job required her to drive, maintain, and operate a missile launching station as well as load missile cans onto the missile stations. She spent her service in Germany with a mini deployment to Poland. She was a leader and distinguished honor grad of her Advanced Individual Training class. During her time in service, she received honors from an Air Force four star general for outstanding performance on her Patriot Missile Operator crew drill and a certificate of achievement from the Army and brigade commanders for outstanding performance. These acknowledgments of her superior performance and success led to her most significant take away being that no matter the challenges in front of her, she is strong enough to do them and survive.

Rebeka lives with her two adopted children, 16 year old Marcell and 15 year old Peyton.

While attending grad school, Rebeka also worked as a K-12 school teacher. She has since earned her Master's Degree of Science in Clinical/Counseling Psychology. She now works full-time as a clinical counselor for Children's Home Society and as a part-time crisis intervention counselor. As a crisis intervention specialist, she serves the foster care community in her hometown. She also does mental health community outreach and mental health presentations to students at the St. Johns County School District.

Rebeka stays active in her community as a football coach and she plays on a women's semi-pro tackle football team. She and the team also volunteer at local events.

Rebeka is passionate about playing football. She started playing when she was 10 years old. In 2012, she got out of the military and discovered a league for women. Playing football gave her a sense of purpose and unity, like she felt in the military. It also has given her an outlet for her rage and anxiety from PTSD. For Rebeka, playing football allows her to channel her rage in a positive way.

Rebeka's message to the public is an often repeated one, "We served too!"

Rebeka has been there and knows the struggle her fellow women Veterans may be facing. She strongly encourages you to not give up! Push and pray until something positive happens. Be patient!







WORDS TO LIVE BY:

"Pain is weakness leaving the body letting you know that you're still alive."

~ United States Marine Corps Lt. General Lewis Puller



WORDS TO LIVE BY:
"I am fearfully and wonderfully made!"

~ Psalms 139:14

Sherry

BY SHERYL BINETTI

Sherry Denney is currently serving in the United States Army National Guard, Active Guard Reserve as a senior drill instructor at Camp Blanding Joint Training Center, FL. She began her military career in 1993 and has held several military occupational specialties, to include 92A Logistics, 74D Nuclear biological chemical-weapons of mass destruction, 68W Combat Medic and 42A Admin/Human Resource Non Commissioned Officer (NCO). She served at Fort Stewart, Georgia, in support of Operation Iraqi Freedom and provided support during many disasters.

During her 31+ years of service, she has received many awards and decorations including the Meritorious Service Medal, Army Commendation Medal, Army Achievement Medal, Army Good Conduct Medal, National Defense Service Medal, Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, Humanitarian Service Medal, Florida Distinguished Service Medal, Florida Commendation Medal and the Florida Meritorious Service Ribbon. In 2011, Sherry was selected as the NCO of the year.

A significant takeaway has been Sherry's opportunity to feed her love of learning by obtaining many degrees and certifications. Those include a Certificate for Criminal Justice, State Certification in Cosmetology, Associates degree, Bachelor of Science degree, and her most recent achievement, a Masters degree.

After retiring in December 2024, having served for more than 31 years, Sherry plans to help women and the elderly while living her life to the fullest. Sherry and her husband Beau live in Middleburg, Florida, with their son Donnie and twin girls Taylah and Tylah.

Sherry serves her community through her church's outreach, Praise Without Walls, by visiting nursing homes, feeding the homeless, and so on. She loves learning and intends to continue educating herself, maintaining that God and education are her cornerstones. She has a special love of the elderly and helps them anyway that she can. Sherry loves life, her children, singing, family time and watching movies.

Sherrys wants the public to keep in mind that as women who serve their country, "We are not alone; iron sharpens iron."

Advice for Sherrys' sisters that serve comes from Proverbs 3:5,6. "Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him, and He will direct your paths." She declares that through God, all things are possible. Don't give up!





Stephanie

BY SHERYL BINETTI

Stephanie Bowie joined the United States Army in 2001 and is currently serving. She has held a variety of positions including: unit supply specialist, human resource specialist, and transportation management coordinator. Stephanie supported Operation Enduring Freedom in 2003 and Operation Iraqi Freedom in 2007. She was awarded the Army Commendation Medal for exemplary performance while serving in Tikrit, Iraq, under the 3rd Sustainment Brigade.

Serving in the military has allowed Stephanie the opportunity to embrace many types of people from a multitude of cultures and backgrounds creating her most significant takeaway. Her experiences taught her to have compassion and patience with others who may be different from her thereby gaining a respect for differences and not judgment.

Stephanie has been married to Jovan for 10 years. They have two adult children (18 and 20) and two young children (9 and 12), plus a dog named Zeta.

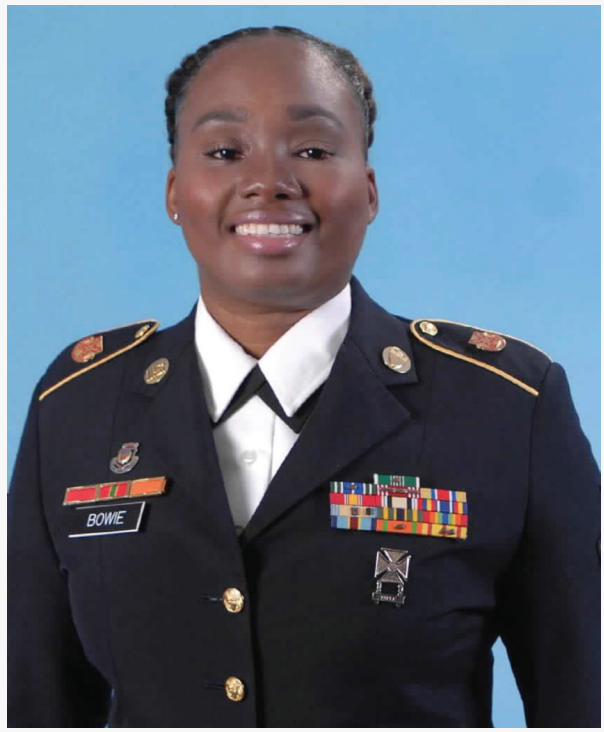
Currently, Stephanie is actively serving in the Florida Army National Guard as the senior supply non-commissioned officer in charge for the 146th Expeditionary Signal Battalion. She leads a team of four supply non-commissioned officers and assists them with managing their companies property book, purchase card transactions, and other supply related functions.

Teaching financial literacy principles to the youth is one of Stephanie's passions. She mentors a group of teenagers on the principles of financial stewardship and how to be responsible with their finances. Her other passion is healthy marriages.

Stephanie believes that most, if not all, women have a servant's heart. All sacrifice parts of themselves to serve the world around them: families, spouses, even the world. The public needs to understand that when women choose to take an oath to serve their country, they bear an additional burden because they often have to choose between serving their country and serving those they love the most. These women deserve to be honored.

For her fellow women, Stephanie offers you this advice, "Think about all of the things you've already overcome in life. You have a tremendous amount of wins under your belt, this will soon be another one. Learn to be okay with not being okay and sit in your discomfort long enough to process it. And then get back on track and take it one step at a time."







WORDS TO LIVE BY:
"If you're reading, that means you are already undefeated. Nothing in life has conquered you thus far, so keep moving forward in your victory!"

~ Stephanie Bowie

WORDS TO LIVE BY:
"She believed she could,
so she did."



Tanya

BY SHERYL BINETTI

Tanya Bailey served as a Watercraft Operator (88K) in the United States Army, where she navigated a 273 ft vessel and handled various duties such as navigation watch duties, anchoring, firefighting, safety drills, and cargo securing. During her deployments, she played a role in the initial intra-theater movement of MRAPs, while experiencing dynamic situations such as encounters with piracy in the Gulf region and Djibouti, Africa.

Tanya's journey through the military instilled in her the belief that one's experience is shaped by their actions. She dedicated herself to giving back, particularly advocating for Veterans struggling with issues like over-medication, addiction, homelessness, and mental health challenges.

As the CEO of GI Green, a Veteran non-profit, Tanya focuses on promoting alternative health and wellness practices among Veterans. Through initiatives like providing herbal gardens and assisting Veterans in obtaining medical marijuana cards, she strives to alleviate reliance on pharmaceuticals and enhance overall well-being.
Tanya has a blended family with her husband, who is also a Veteran. They reside near the beach, raising their Godchildren and exploring adoption. Their family dynamic includes biological children, stepchildren, adopted children and grandchildren, making their household uniquely diverse.

Tanya finds fulfillment in advocacy work, enjoying the beach, and going on budget-friendly cruises. Living in proximity to cruise ports allows her to indulge in this hobby. She treasures the supportive community of women around her and values spending time with friends, family, and engaging in church activities.

Tanya emphasizes the strength and resilience of women Veterans, highlighting their significant contributions both in the military and as leaders in the non-profit sector. She urges the public to recognize the unique needs of female Veterans and provide support where necessary.

Tanya encourages women Veterans to take pride in their service and seek support from their fellow sisters. She emphasizes the importance of connecting with others and engaging in community activities or non-profit organizations to ease the transition to civilian life.





Tanya

BY KIMBERLEY MULLINS

Tanya Lea served in the United States Navy from 1988 to 1998, starting as a Radioman and later transitioning to a Cryptologic Technician Operator. She was the first female of a Field Support Detachment that traveled to install Joint Deployable Intelligence Support Systems in Haiti, Cuba, and aboard many ships. During her ten years in the Navy, Tanya enjoyed the camaraderie, accountability, and structure. While in the Navy, Tanya supported Desert Shield and Desert Storm and later served in Iraq as a Government Civilian employee.

After completing her tours in Iraq, Tanya adopted a daughter from Morocco, of whom she is extremely proud. Her daughter graduated from high school, earning membership in both the National and French Honor Societies, despite speaking no English upon entering the U.S. at the age of 14.

Currently, Tanya works as a Master Certified Life Coach, Certified Bioenergetic Practitioner, Master Practitioner of Neurolinguistic Programming, Certified Energy Healer, and Reiki Master focusing on helping people with mood swings. Since her Navy career, she has earned her Masters in Mental Health Counseling and her Doctorate in Organizational Leadership from Capella University.

Tanya's fervent dedication to aiding others stems from her own journey as a survivor of a MSA (military sexual assault). She underwent years of therapy, emerging with an unwavering commitment to empower individuals in reclaiming balance after trauma. Given that our subconscious controls 95% of our brain activity and recognizing that we can only alter what we are consciously aware of, Tanya encourages individuals to explore and understand hidden patterns and triggers, empowering individuals to enact changes for a more harmonious life.

One of Tanya's favorite quotes is, "Words Matter…Change the Wording, Change the Meaning, Change the Outcome. We can't change what we are not, "Consciously Aware of."

A take away Tanya wants you to know about Women Veterans is, "Woman veterans bring invaluable skills, resilience, and diverse perspectives to the table, enriching any team or community they're a part of. Recognizing their sacrifices and contributions is essential for fostering inclusivity and honoring their service to our country.







WORDS TO LIVE BY:
"Courage isn't about having zero fear; it's about conquering it."

~ Dr. Tanya Lea

WORDS TO LIVE BY:
"Here's to strong women. May we know them, may we be them, may we raise them."



Teila

BY SHERYL BINETTI

Teila Buie's military journey began in 1993. She served as a U.S. Army Supply Specialist in Germany and at Fort Stewart, Georgia, before transitioning to the Florida Army National Guard as a Personnel Services Specialist Active-Duty Guard Soldier. Total service time of 26 years of service.

As a Personnel Services Specialist, Teila provided various personnel support for service members and their families and managed the RAIDS/DEERS card systems for more than eight years. Due to her less than 1% error rate, the Army selected her to create identification cards for foreign affiliates at a Euro Conference and awarded her the Army Achievement Medal.

Embracing the Army's timeless motto, "Be all you can be," Teila has not only shaped her own life throughout her career but has also imparted this invaluable advice to her daughters and students, inspiring them to strive for their utmost potential.

Teila has two beautiful daughters, both serving in the Florida Army National Guard. Her oldest is an officer and medical student while her youngest is enlisted working full time at the state headquarters.

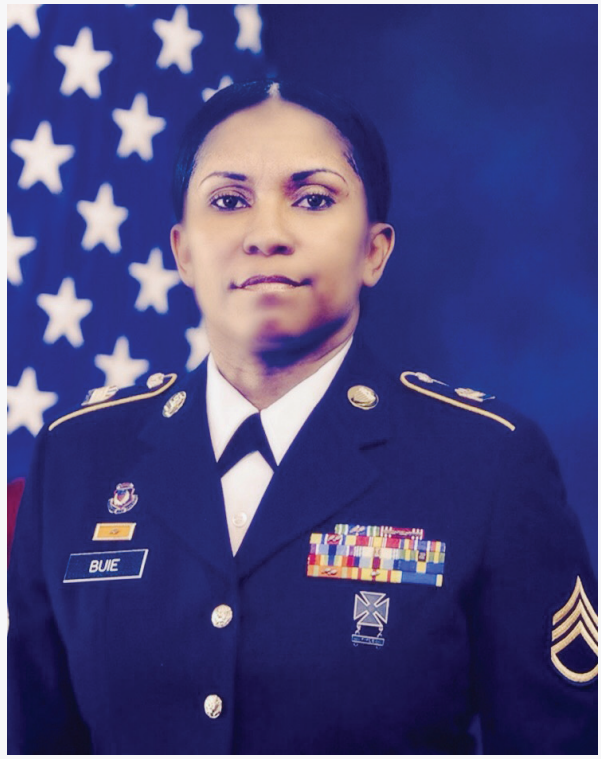
Post-retirement, Teila pursued a master's degree in Mental Health Counseling and now works at Frank H. Peterson High School, guiding 11th and 12th graders who face challenges in graduation testing. Remarkably, by the end of their initial term under her guidance, over 50% of her students have successfully passed their tests, confidently prepared for graduation.

Teila is the founder of She Sparkles. This organization is about women supporting women by showing sisterly love for one another while empowering each to be their very best healthy selves. The goal is for women to live a God-first and purpose-driven life. She is passionate about mental health and supporting women. She intends to obtain her doctorate in mental health and become an even bigger advocate.

Teila would like to advise the public that women served the mission, Aimed for a higher purpose, sacrificed for their country and blazed trails for other women. We are Veterans!

Teila's advice for those facing life beyond the military is that transition is never easy. She encourages you to be proactive about seeking help when you need help. There are so many programs available to assist with your transition. Stay positive in your journey and always remember that you are never ever alone.





Tonya

BY SHERYL BINETTI

Tonya Cook served in the United States Navy as an information systems technician from 1993 to 2013. She maintained computers, networks, and backup systems for the fleet. Tonya created satellite communication plans for battle groups as part of the sixth fleet staff. She was in Kuwait for Operations Enduring Freedom and Iraqi Freedom. Towards the end of her career, she was a network vulnerabilities manager responsible for network security. She received the Global War on Terrorism, Operation Enduring Freedom, and Operation Iraqi Freedom Medals. The most significant takeaway from her time in the service is that although we are all different from different backgrounds, we all come together for the greater good. As Veterans, we're family. No matter our age, gender, or service background, we have each other's backs.

Though she was born and raised in south Georgia, Tonya never returned once she started her Navy career. She has one son and three grandchildren: a six-year-old grandson and four-year-old twin granddaughters. Her son is in the Air Force Reserve.

Tonya is enjoying her retirement. Previously, she worked as a United Way Veteran Care Coordinator and accounts payable assistant. She also worked in accounting for Veteran Healthcare Supply Solution. As the leadership team platoon leader, she volunteers with The Mission Continues. They empower military Veterans with new missions, primarily in under-resourced communities, fulfilling her passion to serve, volunteer, and give back to her fellow Veterans. Her hobbies include working out, hiking, and riding bike trails.

In our communities, women Veterans are often overlooked and mistaken for spouses of male Veterans. They are just as capable and tough as their male counterparts. It's time to give them the recognition they deserve as the badasses they are. Women Veterans are an essential part of our military heritage.

Tonya coaches her fellow sister Veterans to do what they love and love what they do. Follow your heart and your passion. Sometimes, it takes a little while to figure out who you indeed are, but never stop striving for your dreams once you do. If you do what you love, you will never work a day in your life. Your military service is not your destination; it's a moment in time that prepared you for what's next. Embrace the next chapter in creating your path through civilian life. Enjoy the journey.





WORDS TO LIVE BY:
"No one can make you feel inferior without your consent."

~ Eleanor Roosevelt

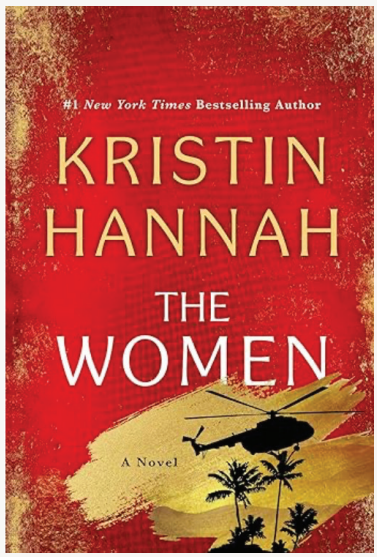


Recommended reading

EXPERIENCES OF WOMEN IN THE MILITARY

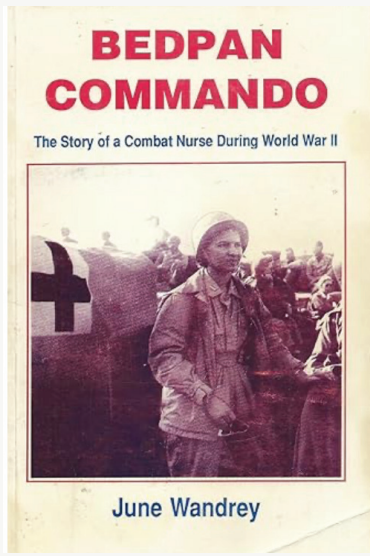
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The Women by Kristin Hannah



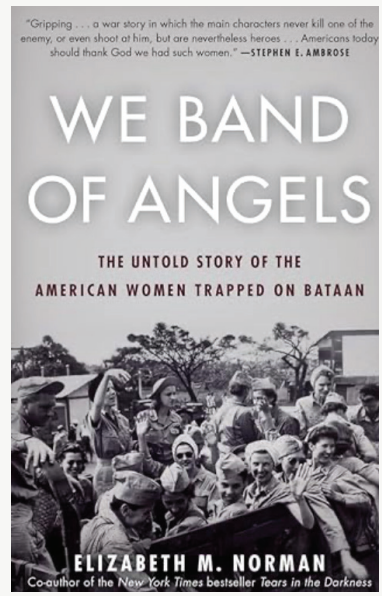
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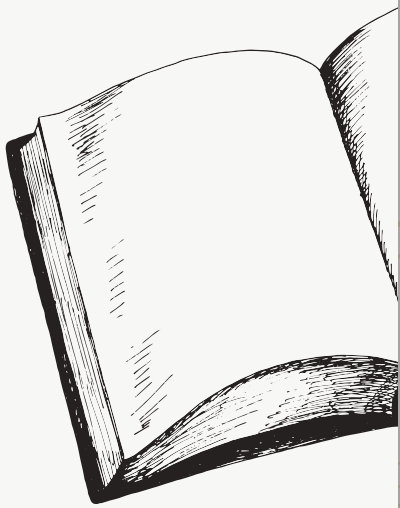
Bedpan Commando By June Wandrey Mann



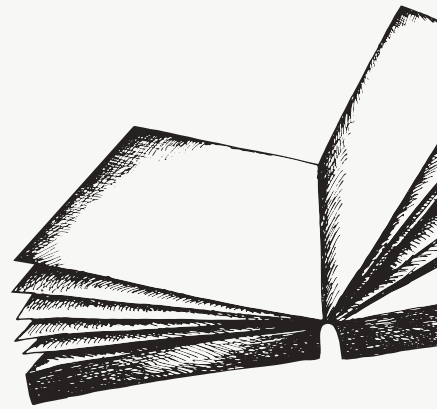
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We Band of Angels by Elizabeth M. Norman









IN THE PROCESS OF CAPTURING THE NARRATIVES AND IMAGES OF NUMEROUS FEMALE VETERANS FOR THE SHE SERVED MAGAZINE, MY APPRECIATION FOR THE ROLES OF WOMEN IN COMBAT HAS DEEPENED. AS I CONDUCTED RESEARCH ABOUT THE WOMEN AIR FORCE SERVICE PILOTS (WASP), WOMEN ACCEPTED FOR VOLUNTEER EMERGENCY SERVICE (WAVES), AND VIETNAM WAR NURSES, I UNCOVERED MANY CAPTIVATING BOOKS THAT SHED LIGHT ON THIS IMPORTANT ASPECT OF HISTORY. AMONG THEM ARE WORKS OF FICTION, NON-FICTION, AND MORE, EACH OFFERING UNIQUE PERSPECTIVES AND INSIGHTS.

I'M EXCITED TO SHARE THIS RECOMMENDED READING LIST WITH YOU IN THE HOPES THAT YOU'LL FIND IT AS INSPIRING AS I HAVE. THESE STORIES NOT ONLY DEPICT THE BRAVERY AND RESILIENCE OF WOMEN IN THE FACE OF CONFLICT BUT ALSO PROVIDE A WINDOW INTO THE COMPLEXITIES OF THEIR EXPERIENCES. PERHAPS, IN EXPLORING THESE NARRATIVES, YOU'LL DISCOVER WOMEN WITH WHOM YOU CAN IDENTIFY OR WHOSE JOURNEYS RESONATE WITH YOU ON A PERSONAL LEVEL.

Martina Schmidt

THE WOMEN BY KRISTIN HANNAH

The Women is the story of one woman gone to war, but it shines a light on the story of all women who put themselves in harm's way to help others. Women whose sacrifice and commitment to their country has all too often been forgotten. A novel of insight and lyric beauty, The Women is an emotional, richly drawn story with a memorable heroine whose idealism and courage under fire define a generation.

BEDPAN COMMANDO BY JUNE WANDREY MANN

Bedpan Commando is a memoir written by June Wandrey Mann. It provides valuable insights into the contributions and sacrifices of nurses during World War II, shedding light on their often overlooked role in the conflict. It offers an emotional and sometimes humorous perspective on the challenges faced by medical personnel in wartime.

WE BAND OF ANGELS BY ELIZABETH M. NORMAN

We Band of Angels is a book by Elizabeth M. Norman, first published in 1999. The full title is We Band of Angels: The Untold Story of American Nurses Trapped on Bataan by the Japanese. The book tells the remarkable and often harrowing story of the Army and Navy nurses who were stationed in the Philippines during World War II.

BEHIND THE SCENES















WOMEN VETERAN BUSINESS DIRECTORY

Supporting women Veteran-owned businesses is a crucial step towards fostering equality and empowerment. Women who have served in the military bring unique skills and experiences to the entrepreneurial world, and by supporting their ventures, we not only acknowledge their sacrifices but also harness their potential as valuable contributors to our economy.



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*Did you know **women** are the **fastest-growing** segment of the military and Veteran populations? That's just one of the reasons we bring you ...* ***She Served.***

*Every individual featured in this magazine is **unique**, yet they share **similar** experiences from active duty service to what happened in the days, months and years after She Served.*

*We hope the Veterans we featured in this issue of this magazine **inspired you** with examples of their leadership, resourcefulness, knowledge and sacrifice.*

Your generosity enables us to continue the She Served Initiative. Donations help us continue to tell the **amazing stories of our women Veterans.** Additionally, it furthers our mission to raise awareness that women served in the United States Military **and** are Veterans too.

You can make a donation on the website, **https://sheservedinitiative.org/donate** or scan the QR code above.

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